





Brunch Menu







BOWLS

→ HASH BOWLS

Morning Buzz

coffee rubbed short ribs, grits, poached egg* and hazelnut hollandaise

\$ 13



Modern Southern

mixed potatoes, brussels sprout and apple hash, house bacon [or tempeh sausage], fried egg*



GF CAN BE MADE VT



The Latin TBD

mixed potatoes, over-easy egg*, adobo chicken [or tempeh sausage], spicy crema, avocado

\$ 12



GF CAN BE MADE VT



GRAIN BOWLS

Stone Cut Oats, Buckwheat and Rice Grits

finished with your choice of sweet or savory toppings:

Sweet: almond butter, maple glazed local fruit, coconut cream, cinnamon crumble

\$9





Savory: sautéed local maitake and oyster mushrooms, kale, sesame, chili oil, fried egg*

\$9





SIDES

Grits

creamy anson mills yellow grits

\$5





Fruit

fresh melon and berries

\$5



GLUTEN FREE



VEGETARIAN



VEGAN

PLATES

Pancake Tacos

fluffy pancakes filled with house bacon and scrambled eggs with spiced maple syrup to dip

3 for **\$9**

add additional for \$4

Merguez Toast

thick cut sourdough grilled and topped with house lamb merguez sausage, wilted arugula, pan sauces and an over-easy egg*

\$11

Stuffed French Toast

cinnamon babka French toast stuffed with an over-easy egg, topped with berries and pecan maple syrup

\$10



Vegetable Knish

root vegetables, carmelized onions, fennel and potato wrapped in soft crust, with a side salad and lemon labneh

\$8

The Ron Swanson

eggs your way*... but Ron would have them scrambled... bacon and toast

\$11

ADD AN AVOCADO TO ANY ITEM FOR \$1

ADD AN EXTRA EGG FOR \$2

* ITEM MAY BE SERVED UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEAT OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

SANDWICHES

Andrew's Breakfast Sandwich

house english muffin, omelet with ashe county sharp cheddar and house bacon, [or local chorizo or tempeh sausage]

\$11 CAN BE MADE VT



INCLUDES CHOICE OF SIDE:

creamy anson mills yellow

Breakfast Burrito

scrambled eggs, local chorizo [or bacon or tempeh sausage], ashe county sharp cheddar, potatoes, peppers and onions, tomato jam

CAN BE MADE VT \$12



Fruits

fresh melon and berries

BAKERY

Grits

grits

Apple Crisp

spiced with fresh tumeric and ginger with almonds and served with creamy farmer's cheese

\$6



Winter Spice Parfait

spiced yogurt, berries, citrus, pomegranate, housemade granola and cranberry jam

\$5





Sorghum Blueberry or Seasonal Crumb Muffin

\$5



Muscadine or Seasonal Danish

\$4



Counter service Saturday Mornings from 9 am to 2 pm

DRINKS

Coffee

12oz **\$3** from Coto Family Farms

(light or dark roasts) no refills

Bottled beverages

assorted varities available (Natalie's Juice, Lenny Boy kombucha, sparkling water)